



100% Whole Wheat English Muffins/ Muffins Anglais de Blé entier à 100% 6pk

UPC# 0 64388 60039 9

Product Code:

Pack Size: 6 muffins / bag

Muffin Weight: 75g ± 5g

Product Dimensions (inches):

Height: 1.10 ± 0.2

Width: 3.5 ± 0.2

Slice: 0.6 ± .02

Topping: Cornmeal

Shelf Life: 8 days at room temperature

Frozen Shelf Life: 120 days, pull from freezer + 7 days



Made in Canada with locally sourced ingredients

INGREDIENTS: Whole Wheat Flour, Water, Yeast, Sugar, Wheat Gluten, Salt, Vegetable Oil (Canola Oil and/or Soybean Oil), Vinegar, Calcium Propionate, Diacetyl Tartaric Acid Esters of Mono-Diglycerides, Citric Acid, Fumaric Acid, Malted Barley Flour, Roasted Wheat Malt Flour, Ascorbic Acid, Sorbic Acid

Topping: Corn Meal

CONTAINS: Wheat, Barley

MAY CONTAIN: Sesame Seeds, Soy, Milk Ingredients, Egg, Sulphites, Mustard

INGRÉDIENTS: Farine de Blé Entier, Eau, Levure, Sucre, Gluten de Blé, Propionate de Calcium, Huile Végétal (Huile de Canola et/ou Huile de Soja), Esters Tartriques de Mono-diglycérides Diacétylés, Acide Citrique, Acide Fumarique, Sel, Farine d'Orge Maltée, Farine de Malt de Blé Rôti, Acide Ascorbique, Acide Sorbique

Garniture: Semoule de Maïs

CONTIENT: Blé, Orge

PEUT CONTENIR: Graines de Sesame, Soja, Ingrédients Laitiers, Oeuf, Sulfites, Moutarde

Nutrition Facts Valeur nutritive

Per 1 muffin (75 g) / pour 1 muffin (75 g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 140	
Fat / Lipides 1.5 g	2 %
Saturated / saturés 0.3 g + Trans / trans 0 g	2 %
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 230 mg	10 %
Carbohydrate / Glucides 25 g	8 %
Fibre / Fibres 3 g	12 %
Sugars / Sucres 1 g	
Protein / Protéines 6 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	4 %
Calcium / Calcium	15 %
Iron / Fer	8 %